

# Parent Newsletter

Headstart, Early Headstart, Home Based H.S., Expectant Moms Program,

Special Education, Early Intervention, Ezra Medical Center, WIC

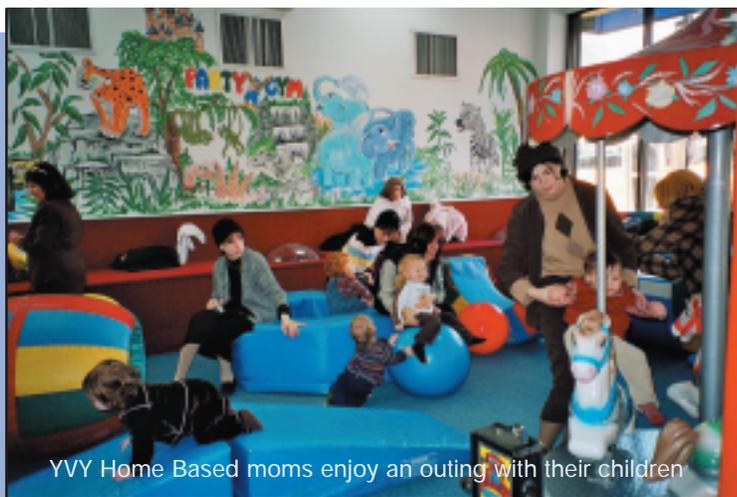
March/April 2006 Volume 4 No. 4

## YVY Finds Multilingual Development and Education Research Institute

YVY is pleased to announce the appointment of Isabelle Barriere, PhD, to the position of Director of Policy for Education and Research at YVY. Among her other duties, Dr. Barriere will advise the YVY Board of Directors on education policy. Dr. Barriere, whose expertise is in acquisition of language, bilingualism, and different language modalities, is uniquely qualified to assess education policy at YVY, an agency which serves a large population of children whose first language is not English. Dr. Barriere, Associate Professor in Education, Speech and Language Pathology, and Psychology at the graduate schools of Touro College, is also Visiting Faculty and Research Fellow in the Department of Cognitive Science at Johns Hopkins University.

As one of her first official acts at YVY, Dr. Barriere has co-founded, together with Garey Ellis MD, YVY Director of Health Care Initiatives and Family/Community Partnerships, the YVY Multilingual Development and Education Research Institute. The mission of the institute is to promote understanding of all aspects of children's typical, atypical and delayed development, with a particular focus on the cultural and linguistic communities served by YVY. YVY serves over 2,000 children representing an unsurpassed cross-section of languages and cultures, and this offers the Institute an opportunity to pioneer assessment, intervention, and rehabilitation tools that will meet the needs of these children and their families. The research will also answer fundamental theoretical and empirical issues about child development that will help all children. Any assessments done by the Institute will, of course, be approved by the YVY Policy Council and will have the individual consent of parents.

The first project that has been undertaken by the Institute is a partnership with the Johns Hopkins University Department of Cognitive Science, with Dr. Garey Ellis facilitating on behalf of YVY, in connection with a grant awarded by the National Science Foundation to Dr. Barriere as Co-Principal Investigator. This innovative project will examine children's early comprehension of word combinations. Studies have



YVY Home Based moms enjoy an outing with their children

shown that children's early comprehension is a good indicator of subsequent language skills. Early assessment of language skills, and early intervention when deficits are found, can thus help prevent some children's language disorders. Since there has been very little detailed research on this aspect of development, the current project will fill an important gap and will, therefore, inform the work of educators and clinicians.

The first peer-reviewed article with Dr. Barriere's YVY Research Institute affiliation, "The Influence of Typology and Modality on the Acquisition of Verb Agreement Morphology in British Sign Language," has just appeared in the current issue of the journal *First Language*.

YVY has always sought to enhance its ability to serve children and families. Over the years, new services and divisions have been added to YVY's core Head Start program, each offering expanded opportunities for YVY to further its mission. This new Institute takes YVY in an exciting new direction. The research projects sponsored by the Institute will affect not only the lives of YVY children, but will ultimately impact children and families everywhere as the results of the research sponsored by the Institute are disseminated.

### YVY Awarded Adult Literacy Grant

YVY has been awarded a grant from the New York City Department of Youth and Community Development for an adult literacy program to be held in the Borough Park area. The program will feature classes in ESOL (English for Speakers of Other

Languages), reading writing and oral language skills for adults with poor English literacy skills, in addition to basic Computer Literacy classes. The target population is comprised of parents in the YVY Head Start and Early Head Start programs as well as those referred through linkages with local schools and community organizations.

YVY Head Start .....	p.2
YVY Early Head Start.....	p.2
YVY WIC.....	p.3
YVY Special Services .....	p.3
YVY Professional Development.....	p.3
CIRC First Anniversary .....	p.3
YVY in Staten Island.....	p.4
Coping with your Picky Eater .....	p.5
Health Matters .....	p.7
YVY March Calendar .....	p.8

**YELED V'YALDA EARLY  
CHILDHOOD CENTER, INC.**

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www.yeled.org

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**YVY Head Start** 

**YVY Head Start Inaugurates Special  
Needs Model Home-Based Program**

YVY Head Start is inaugurating a new, innovative program to serve children who have special needs and are receiving Special Education services but are not currently enrolled in Head Start. Head Start-eligible children who are receiving at least two hours of YVY SEIT (Special Education Itinerant Teacher) services per week are being offered the opportunity to have these services enhanced through enrollment in YVY Head Start. Head Start services will be delivered through a Home-Based Head Start model. Every family will be assigned a Family Worker who will visit the family and coordinate services. Home-Based Head Start parents will benefit from group socializations which will offer activities and workshops geared to parents of young children with special needs. These parents will also be able to take advantage of the extensive parent activities and education opportunities offered to all YVY Head Start and Early Head Start parents. In addition, children receiving SEIT services will benefit from the services of an Education Director who will oversee SEIT teachers, and SEIT teachers will enhance their services to these children utilizing the Head Start curriculum.

YVY has had many years of experience servicing parents and children through a Home-Based option in its Early Head Start division. We are sure this program will replicate the successful experience YVY has had with Early Head Start Home-Based families.

**YVY Head Start Fathers Gain CPR  
Certification**

Two classes in CPR were offered to fathers and grandfathers of YVY Head Start children as part of its Father Involvement program. The classes were conducted by a paramedic, and those who passed the exam were given American Red Cross-certified CPR cards.

**YVY Early Head Start** 

**New Lending Library Opens for Home-  
Based Families**

The Home-Based division of YVY EHS has opened a new library of children's books for EHS parents. A newly-inaugurated literacy program, "Come Read With

Me," where books are read aloud to the children, has become part of each month's socialization activity. Parents are also free to borrow books to read to their children at home. Some parents have translated books into Yiddish and have put an adhesive note with the translation on each page for interested parents to use. So far, the program and lending library have gotten rave reviews.

**We Care Offers Wide Variety of Parent  
Workshops**

We Care EHS in Williamsburg continues its exciting programming for parents. January featured a nutrition workshop, *A Few Small Changes—Lots of Big Results*, which attracted a large group of parents. Parenting workshops for both moms and dads continue, with a review and related workshop offered on an alternate date. A new series of workshops led by Esther Gross, author of *You are Not Alone, on Life Skills: Turning Negative into Positive* took place on four Sunday evenings in February and was very well received.



YVY Professional Training Seminar

**YVY Home Visitors Featured in *Zero to  
Three Journal***

In an article titled *Infant Massage: The Nurturing Touch*, the September issue of *Zero to Three*, a journal devoted to those caring for infants and toddlers, described the positive experiences of YVY Home Visitors who had successfully taught infant massage techniques to the parents they visited. Continuous training assures that YVY Home Visitors are aware of any new developments in the area of child care which they can then pass on to YVY parents.

## YVY CIRC Celebrates First Anniversary

YVY's Community Information and Resource Center (CIRC), located in the YVY Family Service Center at 3820 Fourteenth Avenue, is celebrating a successful first year. More than 500 patrons have been enrolled this year, and more than three thousand materials were checked out.

CIRC was born as the result of the vision of Kreindi Myers, YVY ABA Program Administrator. Ms. Myers had been receiving many phone calls from distraught parents seeking information and guidance after their children were diagnosed with a condition or syndrome that was unfamiliar to them. Therapists, teachers, and principals seeking information on children in their care were also often referred to her. Ms. Myers recognized that there was a need for an easily accessible source

of medical and mental health information that would serve the community. YVY CEO Solomon Igel agreed that providing this service was compatible with YVY's mission of helping children and families, and so CIRC was founded in January of 2005.

A room for CIRC was provided in the building housing YVY WIC and

the YVY Early Head Start Home-Based program. It is a cheerful room with books and periodicals on many health and mental health topics. Books on family issues are also part of the library's collection, as are basic medical reference works. Books can be borrowed for a period of three weeks. The library also offers internet access to medical databases, where community members can research, in privacy, any medical topic they are interested in. Mrs. Miriam Berger, CIRC Director, will also send a packet of research materials to any member of the community requesting information by phone.

CIRC also has an additional function. In addition to serving as a resource for YVY Special Service therapists who need to research a topic, it also lends them testing material and games and toys used for therapy. In this way, YVY therapists can have a wide variety of materials at their fingertips when they are servicing children.

CIRC has helped many community members and special services personnel throughout this year and looks forward to servicing many more in the years to come.

CIRC can be reached at (718)686-3700, ext. 477.



Mrs. Miriam Berger, CIRC director, at work



CIRC reference computer and a selection of books from its collection

### YVY WIC

#### YVY WIC Receives Healthy Lifestyle Grant

YVY WIC has been approved for a Healthy Lifestyle Grant through the New York State WIC program. This grant is designed to assist local WIC agencies in promoting a healthy lifestyle through exercise and nutrition. The grant will assist YVY WIC in funding several initiatives which benefit its participants. The Healthy Start Initiative promotes starting the day with a nutritious breakfast. WIC participants receive a Healthy Start planner which helps record daily breakfast choices as well as exercise activity. Walking in Company helps WIC mothers form a group for walking together on a regular basis. For children, a storybook and coloring book have been printed, featuring Mr. Fit the Farmer. The grant will enable YVY WIC to set up an activity station with exercise equipment for children in the waiting area. Children's fitness videos will be purchased to allow children to exercise while they wait for their parent to complete the WIC visit.

YVY WIC was approved for this grant in a large part as a result of its commitment to educating and encouraging its partici-

pants to pursue a healthy lifestyle, beyond its role of issuing checks for proper nutrition. YVY WIC is committed to help participants employ simple methods and pursue realistic goals to enhance their health and well being.

#### YVY WIC Participants Overwhelmingly Choose Low-Fat Milk

New York State WIC has been seeking to increase the consumption of low-fat milk by children ages two and over. YVY WIC has a 95.8% rate of low-fat milk consumption, exceeding by far the metropolitan area percentage of 44.6%, a testament to the effectiveness of nutritional counseling by YVY WIC nutritionists. YVY had also been encouraging the use of low-fat milk by offering taste tests, featuring attractive nutrition displays in its waiting areas, and by giving participants explanatory handouts.

### YVY Special Services

#### YVY Special Services Offers Feeding Therapy Training

YVY's Early Intervention division has been getting many referrals for newborns who require feeding therapy. In response to this increase in demand, YVY is offering training in feeding therapy to its Speech and Language Pathologists to

advance their professional abilities in this area and to assure that children who require this therapy are well served by their providers. Where indicated, a lactation consultant will also be provided in conjunction with feeding therapy.

A special Yiddish course is being offered to all YVY providers who are pursuing bi-lingual certification. Proficiency in a second language helps YVY therapists meet the needs of the children it serves who grow up in a bilingual environment and require bilingual services.

#### YVY ABA Program Treats Children to Concert

Children enrolled in the YVY ABA program were treated to a private concert by the well-known Uncle Moishy. The children all enjoyed this break from their intensive ABA therapy. YVY thanks Uncle Moishy for donating his services.

### Professional Development

Hillary Wohl, PhD, a board-recognized specialist in neurological communication disorders in children and fellow of the Academy of Neurologic Communication Sciences and Disorders, presented a workshop on *Practical Treatment Strategies for Children With Apraxia of*

**YELED V'YALDA IN STATEN ISLAND**

*Speech* as part of YVY's Professional Development series in January. Dr. Wohl's presentation focused on treatment plans and techniques. The goal of the workshop was to help clinicians intervene successfully with school-age children who struggle with this disability.

In February, Allan M. Gonsher, LCSW, RPT-S, gave a workshop, *Helping Children Develop: How to Understand Them, How to Work With Them*, on the theory and practicality of play therapy. Mr. Gonsher, who has received numerous awards and has appeared in numerous television and radio shows across the country, is the author of *Allowance is not a Bribe*. He illustrated play therapy techniques and discussed particular cases and how they were handled. Participants enjoyed the lively presentation and came away with a greater appreciation for what can be accomplished using play therapy.



**Silver Lake II Scores High in UPK Visit**

In February, Silver Lake II had a mid-year review of its Universal Pre-kindergarten program. They scored a perfect score and are being recommended as a model program for the district! The validation visit from the NAEYC (National Association for the Education of Young Children) to SLII also took place in February. Word of accreditation will arrive within the next three months. We are sure that the NAEYC team will agree with the assessment of the UPK reviewers and give SLII high marks. SLI has already achieved NAEYC accreditation.

**Fathers' Group Enjoys Video Presentation**

The Fathers' Group in Staten Island is doing well, with good participation from both Silver Lake sites. February's meeting was devoted to watching and discussing a video presentation, *Fathers Matter*. The fathers in the group shared their own experiences as they reviewed the material presented in the video. In February, fathers met to plan an outing using their Cool Culture cards. They decided to go to the Staten Island Museum with their children on a Sunday in March.

**Multicultural Activities Engage Children and Families**

The families of Silver Lake I were involved in several multicultural celebrations during the month of January. Parents were invited to view a parade through the school where children wore the beautiful royal crowns they made in celebration of Three Kings' Day. Later in the month, the children celebrated the Chinese New Year by making an enormous paper dragon and inviting their parents to a Chinese lunch. Black history was the focus in February. The children also celebrated Presidents' Day in February, making an American flag and suggesting and then posting their own class laws.

SLII has also been focusing on multicultural activities. Several parents taught dances from their culture to the parents and children attending January's Home Based socialization activity. Indian and Nigerian dances were featured (see photos below).

Literacy activities were also emphasized during parent activities in January and February as parents learned simple cooking activities to do with their children and created picture story books with them.

**DIRECTORY ))**

For more information on any of Yeled V'Yalda's services, please call the following numbers:

Headstart: (718) 686-3750

Early Headstart: (718) 686-3750

Special Education: (718) 686-3700 ext. 1

ABA Program: (718) 686-3788

Early Intervention: (718) 686-3700 ext. 576

Ezra Medical Center: (718) 686-7600

Yeled V'Yalda WIC Program: (718) 686-3799

**YELED V'YALDA STATEN ISLAND:**

*Silver Lake Headstart,  
10 Gregg Place (718) 815-4488*

*Silver Lake Headstart II,  
20 Park Hill Circle (718) 720-0090*



Yeled V'Yalda

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**Parenting Hotline**

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Mondays 11- 3  
**(718) 686-3750**  
Ext. 125

All calls are confidential  
You do not need to give your name

**Comment Line**  
(718) 686-3700 Ext.150



## Coping with Your Picky Eater

One of the most common complaints voiced by mothers of preschool children is that their son or daughter has become a picky eater. At some point between their second and sixth year, children begin to exhibit eating difficulties. Children who were excellent eaters as infants suddenly start refusing to eat or insist on eating the same thing again and again. Mothers are often frantic with worry about the physical well being of their children and are concerned about the long-term nutritional effects of picky eating on their child's health.

The most common feeding problems of children between two and six include:

- not eating enough or at all
- food jags, in which the child becomes extremely picky, eating only certain foods and refusing most others
- snacking all day long without really having "meals"
- often ending meals in tantrums without having eaten much

Although these types of eating behaviors may seem abnormal to parents, they are not, in fact, "eating problems." Instead, they are normal behaviors for children at this stage of their development. As hard as it may seem for parents to accept, young children tend to eat according to their own natural and correct instincts about what, when and how much they need to eat. Their appetite usually adjusts itself to the amount and type of food that they need to provide them with enough energy and nutrients for normal development.

According to pediatrician Dr. Donald Shifron, "If you have a two-year old who's eating one and a half meals a day, that's about average. If he eats breakfast terrific, lunch fair, and dinner poor, or vice versa, that's essentially normal for most two-year-olds." Even if your three-year-old seems to be living exclusively on peanut butter sandwiches and macaroni, chances are that, over the course of a week, he is getting enough nutrients in his diet and is not going to suffer from

malnutrition. This view is supported by studies conducted by the American Dietetic Association which have shown that children — even those whose parents consider them "picky eaters" — generally consume a wide enough variety of foods to meet their nutritional requirements.



Does this mean that well-meaning parents should just accept their child's picky eating habits as a fact of life that can't be changed? Not at all. There are reasons for picky eating that have nothing to do with nutritional needs. Understanding some of the other underlying causes of picky eating can go a long way in helping parents cope.

There is some research that shows that children may be genetically predisposed to be picky eaters. Studies cited in *The Yale Guide to Children's Nutrition* suggest that some children are born with fewer taste buds on their tongues and some with more. Picky eaters, or "genetic supertasters" may have as many as 1,100 taste buds per square centimeter of tongue, while a child

who is not as fussy about food and eating may have as few as eleven taste buds in the same size area.

Simply not being hungry is probably the main physiological reason for a child becoming a picky eater. After a year of rapid growth – by the age of one, an infant has tripled his or her birth weight – toddlers and preschoolers start to need less food and gain weight more slowly. Also, children this age are discovering new things and are much more interested in exploring their environment than in sitting still and eating.

However, health professionals tend to agree that the main reasons for picky eating are psychological and emotional. In the struggle to establish themselves as separate and independent human beings, young children use food as a means of control in an emotional power struggle. In this context, food and eating become more than a source of nutrition – they become weapons in children's struggle to separate from their parents. By eating only specific foods and going on food binges, children are exhibiting their own personal food preferences and establishing their independence.

Meal times can become power struggles over food, and the family dinner table is often the battleground. Children become resistant and defiant eaters when their parents are overly controlling or pushy about food. According to nutritionist Judith Breton, this creates a potentially harmful situation, especially if parents try to bribe their child to eat what the parents want them to. "Power struggles over food," she says, "can result in variety of issues including disordered eating for that child."

Ultimately, "It is in the child's best interest to be in control of what he eats," says Nancy Hudson, a registered dietitian at the University of California, Berkeley. Forcing a toddler to eat a food he doesn't like or a quantity he can't handle can cause problems later

on. Children who are never allowed to make food decisions themselves are at a greater risk for developing eating disorders or becoming obese later in life.

In spite of the fact that picky eating is not usually harmful to children in the long run, it can be extremely frustrating for parents. Here are some strategies that can help parents make the best of a difficult and tense situation.

▶ **Provide three well-balanced meals a day** – But don't expect your child to eat more than one or two full meals each day.

▶ **Establish a regular mealtime schedule** – Children thrive on predictable routines. Setting a meal schedule of breakfast, mid-morning snack, lunch, afternoon snack, dinner and bedtime snack helps your child to know that there is a meal coming every two to three hours and that he will not be hungry.

▶ **Make mealtimes enjoyable** – Turn meals into family events. Draw your children into friendly conversation and ask them about their day. Talk about fun subjects unrelated to food. Avoid making mealtime a time for criticism or a struggle over control.

▶ **Make and serve only one meal for the whole family** – Don't become a short-order cook. Your child should know that you expect him to learn to eat the meal that you've prepared for the family. You can, however, allow substitution of one dish for another.

▶ **Respect your picky eater's food preferences** – If your child has a few strong food dislikes, try not to serve that food to her even if it's part of the family meal.

▶ **Keep food servings small** - A young child's stomach is small - approximately the size of his fist. Don't overwhelm him with big portions. You can refill the plate when your child asks for more.

▶ **Use "the bite rule"** – Encourage your child to take one or two bites of a new food. This will get

her to taste a new food and give her some control over eating.

▶ **Never force your child** – A child should not be forced to eat when he isn't hungry or to eat something he doesn't like.

▶ **Limit the beverages and snacks your child consumes** - Allowing your children to drink too much milk or juice or too many snacks will make them less hungry for solid food.

▶ **Encourage your child to taste new foods** – Try offering small amounts of a new food once or twice a week. Most children will try a new food after being offered it 10-15 times.

▶ **Avoid pressure or punishment at mealtime** - Never pressure your child to finish his food or clean his plate or punish your child for refusing to take one bite of a new food. Avoid power struggles at mealtime.

▶ **Bribes and rewards don't work** – Children should not be bribed to meet your eating expectations, rewarded if they do meet them, or punished if they don't.

▶ **Don't argue about dessert** - Allow your child one serving of dessert regardless of what or how much she eats.

▶ **Avoid conversations about eating** - Don't discuss what your child eats in your child's presence at meal times and or at any other times.

▶ **Give your child a daily vitamin-mineral supplement** – This may help you be less concerned about your child's eating behavior.

▶ **Consult your pediatrician** – If you see that your child is losing weight, vomiting certain foods, or displaying any unusual digestive symptoms, consult your doctor.

▶ **Model good eating behavior** - Let them see you enjoying many different healthful foods with enthusiasm.

▶ **Maintain a good attitude** – A positive attitude will help you handle frustrating situations with patience and firmness without being aggressive or emotional.

Dealing with a picky eater can be frustrating for parents. The good news is that picky eating is usually a passing stage in a young child's development, and it rarely has any lasting negative health effects.

As children mature, they tend to become less picky about food. During the early elementary school years, they end up try-

ing out new foods because of peer pressure. Voracious appetite during the teen years also increases their willingness to experiment with new foods and tastes. Picky eating behaviors rarely persist.

Nutritionist Sue Gilbert, M.S., says that the key to coping with a child's picky eating is patience. If parents get through this frustrating stage in their children's

early development with a good attitude and equanimity, they will have gone a long way to producing healthy children with normal attitudes towards themselves and toward food. In today's world, a world rife with emotional illnesses and eating disorders, this is not a small accomplishment.

## RESOURCES

### For Parents

*AAP Guide to Your Child's Nutrition: Making Peace at the Table and Building Healthy Eating Habits for Life* by American Academy of Pediatrics

*Poor Eaters: Helping Children Who Refuse to Eat* by Edward Goldson, MD

*Coping with a Picky Eater: A Guide for the Perplexed Parent* by William G. Wilkoff

*Feeding the Picky Eater: America's Foremost Baby and Childcare Experts Answer How to Get Your Kid to Eat but Not Too Much* by Ellyn Satter

*Just Take a Bite* by Lori Ernsperger

*Taking the Fight Out of Food: How to Prevent and Solve Your Child's Eating Problems* by Donna Fish

### For Children

*D.W. The Picky Eater* by Creative Wonders (CD-ROM)

*One Bite Won't Kill You* by Ann Hodgman and Roz Chast

## Health Matters

by Gitty Berger



## The Stoplight Diet

Preschool children can be taught good eating habits without a complicated discussion of calories, carbohydrates, and fats. Most children can understand the concept that some foods are healthy and can be eaten at any time while others must be eaten in moderation. The stoplight "diet" helps children identify when and how often each food should be eaten.

Foods can be divided into three categories:

### Red Light Foods:

These are foods that are commonly called "junk food." They include candy, chips, deep fried foods, sugary drinks, cookies, and cake. Red light foods tell you to STOP!! Children should be taught to have very little of these foods and save them for special occasions.

### Green Light Foods:

These are vegetables and fruits. While fruits do have fairly high sugar content, they are also full of fiber. Most children will not overeat when given fruits, so allowing fruits without limit is not likely to be a problem. The fiber in the fruits will also help to curb their appetites. Green light foods tell you to GO!! Children should be encouraged to have three to five servings of "green light" foods a day, with an emphasis on vegetables over fruits. Encourage colorful varieties since deep colors indicate the greater presence of nutrients.

### Yellow Light Foods:

These are foods consumed at meals. Yellow light foods tell you to SLOW DOWN!! Children should be encouraged to eat what is on their plates and not to take second helpings. Children who feel full should not be forced to "clean" their plates; however, they should also not be given a red light food instead. Portion sizes for preschoolers are not very large. A quarter to half a cup of pasta or rice, a two-ounce piece of chicken, and half to one cup of vegetables is more than enough to count as a meal for a young preschooler. Do not pile a preschooler's plate high with food.

Snacks such as pretzels or popcorn which are low in fat, but higher in calories than vegetables and fruits, also fall into the yellow light category and should be consumed with care.

Once children understand that all foods fall into one of these categories, talking to them about their diet is easy. A parent can say, for example, "You have already had your red food for today; why don't you try a green?" when a child requests a certain snack. In this way, children learn to monitor their own eating habits, and parents and children can talk about food in a neutral way, without criticism or bad feelings.



Adapted by Gitty Berger, MS, RD, CDN, Yeled V'Yalda WIC nutritionist, from a very well-received presentation she gave to YVY parents in January.



# Calendar

March 2006



## PARENT ACTIVITIES ONGOING ACTIVITIES

**Swimming**  
Boro Park YM/YWHA  
Tuesdays March 7, 28

**Aerobics**  
Boro Park YM/YWHA  
Thursdays March 2, 9,16,23,30

99 Heyward Street  
Fridays March 3, 10,17,24,31

**Parenting Workshops**  
4001 16TH Avenue  
Monday March 20

6002 Farragut Road  
Thursday March 9  
Wednesday March 29

**Fitness for Men**  
Thursdays March 2,9,16,23,30

**Expectant Mom's Program  
Aerobics and Childbirth  
Education**  
**Parenting Skills for Postpartum  
Moms**  
4001 16th Avenue  
Sundays March 5,19

99 Heyward Street  
Wednesdays March 8,22

## SPECIAL ACTIVITIES

**Challah Baking**  
4001 16 Avenue  
Wednesday March 1

**YVY WIC Participants  
Group Nutrition Class**  
3820 14th Avenue  
Monday March 6

**Life Skills**  
99 Heyward Street  
Sundays March 5,19

**Purim Gift Wrapping**  
99 Heyward Street  
Tuesday March 7

**Simcha Dancing**  
99 Heyward Street  
Monday March 20

**Getting Organized**  
4001 16 Avenue  
Wednesday March 27

## STATEN ISLAND ONGOING ACTIVITIES

**ESL Classes  
Beginners**  
Thursdays March 2,9,16,30

**Advanced**  
Tuesdays March 7,14,21,28

**Latino Women's Workshop**  
Wednesdays March 1,15

**Computers**  
Fridays March 3,10,17,31

**Home-Based Infants**  
Friday March 3, 17

**Parent Committee**  
Wednesday March 8

**Fathers in Action**  
Thursday March 9

**Home-Based Toddlers**  
Friday March 10

## SPECIAL ACTIVITIES

**Health Plus Workshop**  
Wednesday March 8

**Parent Meeting with Judy Schur**  
Wednesday March 15

**Getting Organized at Home**  
Wednesday March 22

**Home Visits  
First Book Distribution**  
Thursday, Friday March 23,24



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### PRIMARY FUNDING BY:

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NYC Department of Mental Health,  
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New York City Administration for  
Children Services/Agency for Child Development*

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