



PARENT Newsletter

SEPTEMBER/OCTOBER 2007 | VOLUME 6 No. 1

We're Moving!

YVY Learning Center to Open this Fall

As the end of the summer approaches, YVY staff is preparing for an eagerly awaited event — the move to the new YVY Learning Center at 1257 38th Street. Finishing touches are being put on sparkling new classrooms, therapy rooms, and staff facilities in preparation for the new school year.

The new building, which will house 18 classrooms — five for Early Head Start two-year-olds and 13 for three to five year-old Head Start children, will consolidate classrooms that were previously scattered in rented quarters in Borough Park and Flatbush. Head Start Education Director Henny Krasnianski, Mental Health Coordinator Dr. Rona Myles, and Early Head Start Director Devorah Barnett look forward to welcoming both new and returning children to this state-of-the-art facility. Bashie Teitelbaum, previously Education Director at YVY's 1353 50th Street site, has been named to the new position of Site Director to coordinate staff supervision and partnerships with parents at this site.

Simi Schlafrig and Rochel Kenigsberg of the Early Head Start Home-Based Program and Janie Friedman, R.N., of the Expectant Moms' Program and their staff will also be relocating to the new building, where they will now be able to offer their program's services to parents on site.

The new building will also house YVY's Therapy Center, currently at 3820 Fourteenth Avenue. The new Therapy Center — which will offer speech, occupational, and physical therapies — has been furnished with the most up-to-date equipment to facilitate children's progress. YVY's highly-regarded ABA Program will also have newly-appointed therapy rooms in this new site.

Finally, the new building will have an assembly hall, designed to serve YVY Head Start parents and the community at large for family and community events.

YVY Head Start, Early Head Start and Special Services staff look forward to serving the community for many years in this new facility. Special thanks to Facilities Manager Mordechai Schwartz for his devotion and expertise in overseeing the construction of this new facility.

YVY Facilitated Enrollment Program Hires Program Director

Sean Eccles has been named Program Director for YVY's new public health insurance access program. Mr. Eccles, who facilitated the start-up of the new program for YVY, comes to



Above and right: YVY Learning Center, 1257 38th Street

YVY with years of experience initiating and running facilitated enrollment programs in Brooklyn. He is committed to assuring that any client who comes to enroll or re-enroll in Medicaid or other insurance programs will receive the most efficient and accurate service.



Eat Well/Play Hard Activities Support NYS Grant

YVY Nutritionist Dina Lipkind, MS/RD/CDN, Program Director for the implementation of the Eat Well/Play Hard grant received by YVY, has been busy coordinating and participating in activities which further the aim of the grant: increasing consumption of low-fat dairy and fruits and vegetables and increasing activity in young children.

SPARK physical activity training has already paid off for staff of YVY Head Start, Early Head Start, and affiliated Day Care agencies, who have been implementing their training in the classroom. Child-friendly Dairylicious nutrition workshops in YVY's Farragut Road and Staten Island sites were well received by the children, who are all now receiving low-fat milk with their school lunches and snacks. A Farmer's Market promotional presentation in July, in collaboration with YVY WIC and Just Say Yes to Fruits and Vegetables, offered recipes and food demonstrations, and a booth at the local YVY Farmer's Market offered recipes and guidance in August.

YVY is very proud that Dina Lipkind was chosen to represent the Eat Well/Play Hard program at a City Hall press conference with Councilmen Thomas White and Joel Rivera

YELED V'YALDA

Early Childhood Center, Inc.
571 McDonald Ave. Brooklyn NY 11218
www.yeled.org

Chairman of the Board

Jacob Ungar

Chief Executive Officer

Solomon Igel

Policy Council Chairperson

Mindy Meisner

Executive Director

Naomi Auerbach MSED

Director, Federal Programs

Wayne Goldberg MA, MPA

Director, Special Services

Chaim Szanzer EdD,SAS,SDS

Director, Health Services, Family/ Community Partnerships

Garey V. Ellis MD

Director, Mental Health

Eliezer Kaminetsky EdD

Program Coordinator, EHS

Devora Barnett MAEd.

Coordinator, Home-Based Program, EHS

Simi Schlafrig

Director, Policy and Research for Education

Isabelle Barriere PhD

Silver Lake Headstart

Education Directors:

Melody Lenza MSED

Madeline O'Donohue MAEd

Director Day Care Collaboration

Laurie Landa MSED

Social Services Coordinator

Bassie Morris RCSW

Health Coordinator

Janie Friedman RN

Parent Involvement Coordinator

Shoshie Schapiro

Policy Council Liaison

Gitty Ziegelman

Disabilities Program Coordinator

Mina Sputz MS,SAS

Coordinator, Early Intervention

Batya Moskowitz MA,TR

Coordinator, ABA Program

Kreindy Myers MSED

WIC Coordinator

Nechama Stolzenberg

Chief Financial Officer

Rebecca Gutman

Director of Personnel

Henny Kohn

Director, Human Resources

Gitty Lichtenstein

in which they discussed measures that are being taken to address the alarming rise in obesity in children in New York State.

YVY Adult Literacy Program Receives Good Grades

A monitoring visit to YVY's Adult Literacy program by the New York City Department of Youth and Community Development, which offers partial funding for YVY's program, resulted in a "Very Good" grade for the program.

YVY offers free ESL, Computer, and Basic Accounting courses to community members in an atmosphere that respects community sensitivities. Many graduates of the program have found entry-level positions in the accounting and computing fields after receiving this training. Classes, which were ongoing throughout the summer, will resume in October.

YVY Research Institute Disseminates Findings

Dr. Isabelle Barriere, Co-Director of YVY's Multilingual Research Institute, has been appointed as a Research Associate at RISLUS (Research Institute for the Study of Language in Urban Society), Department of Linguistics, City University of New York Graduate School. This has enabled Dr. Barriere to recruit Linguistics PhD students to work with her on YVY research projects. Dr. Barriere and her Research Assistants, Susie Smedesdran and Fay Halberstam, presented their research on Yiddish and Spanish-speaking children at the RISLUS annual forum in May. Dr. Barriere also gave two presentations to education professionals and clinicians involved in Early Intervention at the *Families as Partners* conference that month.

WIC

YVY WIC to Begin Peer Counselor Program

YVY WIC has been awarded an Enhanced Peer Counselor grant for the next fiscal year. This grant will allow YVY WIC to hire Peer Counselors who will help women on a one-to-one basis, both pre- and post-natally, with breastfeeding issues. Thanks to the efforts of its nutritionists and lactation consultant, YVY WIC already has

a 92% breastfeeding rate, far exceeding city- and state-wide rates. This program will allow YVY WIC to both enhance its program and reach additional women.

On September 19, continuing YVY WIC's partnership with Just Say Yes to Fruits and Vegetables, a van from the organization will be parked in front of YVY WIC, so both YVY WIC participants and the community at large can view cooking demonstrations and get information on increasing fruit and vegetable use in their families' diets. The Eat Well Play Hard program at YVY is collaborating with YVY WIC in disseminating the message of Just Say Yes to the community.

Head Start/Early Head Start

YVY Head Start to Service Additional Children

YVY Head Start has been given the ability to serve additional children by New York City's Administration for Children's Services (ACS) in the ACS reallocation of Head Start slots. YVY will be partnering with the New York City Universal Pre-Kindergarten program in order to provide full-day services for these children, who were allocated only partial funding by ACS. Children will be serviced both at YVY's new facility and in other sites.

Home-Based Head Start Program Offers Benefits to Parents and Children

YVY's innovative home-based Head Start program was designed to offer additional help to preschool children who receive Special Education services but do not attend a Head Start center. SEIT providers incorporate the Head Start curriculum in their work with the child, enhancing the normal SEIT program. Children in the program receive free dental, vision, and hearing screenings, as do all children in YVY Head Start programs. Parents, too, benefit from the program, as they are entitled to attend all YVY-sponsored parent activities, such as lectures, workshops, aerobics, and swimming. Home visitors meet with parents every other week to discuss concerns and to offer some respite time to a parent in need. For information about the program, please call 718.686.3700, ext. 493.

Recent Events at Yeled v'Yalda



1

3

2



4

6



5



7



8



- 1 Silver Lake II visitors are excited about reading. Some B.E.A.R. Day participants pose after reading to the children.
- 2 Step Up ceremony, Silver Lake I
- 3 Step Up ceremony Silver Lake II

- 4 Brooklyn Early Head Start Caregivers at "Baby Yoga" training
- 5 Timely words at Silver Lake II Step Up Ceremony

- 6 Staten Island Literacy workshops attract both moms and dads
- 7 Science is exciting! "Mad Science" comes to Silver Lake Head Start
- 8 Brooklyn Early Head Start visits the park

YVY Special Services

YVY Therapists Prepare for New School Year

YVY has scheduled an orientation session for all its therapists prior to their assignments for the fall. The YVY Special Services division stands ready to ensure that all the children that it has been allotted to serve in its Early Intervention division and under the terms of the new New York City Department of Education contract

receive the best possible services and that its record-keeping and fiscal departments continue to deserve their outstanding reputations.

YVY Inaugurates New Special Services Customer Relations Department

A new Customer Relations division has been formed by YVY Special Services in order to deal directly and efficiently with any problems experienced with any service tendered by YVY Special Services staff. A Customer Relations

representative will always be available to parents or schools dealing with YVY Special Services in order to resolve any issues expeditiously.

In order to assure complete compliance with Head Start Performance Standards regarding children with disabilities, YVY has also appointed a Special Needs Coordinator especially for its Head Start Program. Approximately 25% of YVY Head Start children receive some special services. The

timing and process by which the Local Education Agency approves these services may sometimes not coincide with Head Start Performance Standards. The new Coordinator will assure that all children who require services are monitored and that all children receive services in a timely manner.

Staten Island

A Special Step Up Ceremony at SLI

A special celebration took place at the Step Up ceremony for the children of Silver Lake I in June. Six members of the very first Head Start class at SLI returned to share their successful academic achievements with the SLI children transitioning to kindergarten. The Head Start alumni, all of whom are headed to high school in September, were presented with certificates honoring their commitment to their education. Three of the graduates, Jose Abad, Celina Hynes, and Shandice Ide, are children of current Head Start staff members. Fabian Santa's mother was the Policy Council President during his tenure at SLI; Tiara Delvalle and Dana Pacheco will also be attending Staten Island high schools. All of us at YVY wish them well in their high school careers and beyond.

Also at the Step Up ceremony, Bridget Salvato and Hilary Alvo from the Richmondtown Library were presented with the community partnership reward for their involvement in the SLI Literacy Program. In recognition of her dedication to the SLI site, Education Director Melody Lenza was presented by her staff with a



One of New York's Finest reads to SLHSII children

paperweight desk clock inscribed "You Make a Difference Every Day."

B.E.A.R. Day at SLII

SLII held a very successful B.E.A.R. (Be Excited About Reading) Day event in June.

To help the children get excited about reading, local community representatives came into the center to read books to the children. Two New York City police officers, a fire Captain and his squad of firefighters, a dental hygienist, a nurse, an engineer, and a member of the armed forces joined SLII nurse Mary Anne Haggerty and bus driver Mike Rogers in reading to the different classes. Each class was presented with a small stuffed bear as a memento of the day. The children loved the attention paid to them and were awed (and, we hope, inspired) by the uniformed personnel. The event ended with a dessert reception for the volunteers, where they shared their thoughts about the day.

SLII is already looking forward to their next literacy event, O.W.L. Day, to be held early this fall. O.W.L. stands for "Our World of Literacy."

Parent Volunteers Honored at Luncheon

A special luncheon at SLII honored parent volunteers and parents who helped with this year's Federal PRISM review. Honored were Parent Committee Chairperson Henrietta Gyamfi, Margarita Reyes, Leticia Gregorio, Mei Fang Fung, Martha Diaz, Rose Garcia, Natasha Richard, Vivian Banks, Teresa Wilson, Alfredo Rodriguez, Antonia Diaz, Vanessa Harris, and Vickie Crable.

SLII to Accommodate New Morning Children

YVY, which has had a successful Head Start/Day Care partnership with New Morning Day Care Center for the past decade, has made provisions for the appropriate transition of the Head Start partnership children at New Morning after the resignation of New Morning's Sponsoring Board and the termination of the center's contract by the New York City Administration of Children's Services.

All the children requiring services were admitted to Silver Lake Head Start II, and are being served with a combination of Head Start, Universal Pre-Kindergarten, and ACS voucher funding.

Early Head Start Staff Attend Training

Assistant Director Nancy Alfonzo and Home Visitors Janice Mitchell, Connie Girardi, and Lillian Hall were joined by Caregiver Nechama Fried from the Brooklyn Center-Based EHS program in attending the Birth to Three Conference in Washington, D.C. this past summer.

For more information on any of Yeled V'Yalda's services, please call the following numbers:

Headstart: 718.686.3700

Early Headstart: 718.686.3700

Special Education: 718.686.3700 *1

ABA Program: 718.686.3700

Early Intervention: 718.686.3700 *576

Ezra Medical Center:.. 718.686.3700

YvY WIC Program: 718.686.3799

YvY Facilitated Enrollment:

..... 718.686.3700 *576

YELED V'YALDA STATEN ISLAND:

Silver Lake Headstart, 10 Gregg Place:

..... 718.815.4488

Silver Lake Headstart II, 20 Park Hill

Circle: 718.720.0090

YvY Parenting Hotline

*Mondays, 11-3 718.686.3750 *125*

All calls are confidential. You do not need to give your name.

YvY Helpline..... 718.686.3700 *311



ROUTINES FOR CHILDREN

Some people say that routines are boring — that they stifle creativity and turn people into robotic non-thinkers. However, not everybody would agree. Most people like having dependable routines in their daily lives, especially young children. Consider the following two scenarios:

It's 8:00 PM at the Cohen household. The three Cohen children, Sarah (7), Miriam (5), and Aron (3½), are all upstairs changing into their pajamas, brushing their teeth, laying out their next day's clothes and settling into their beds to read. There is remarkably little protest or variation. By 9:00, the house is quiet; the next morning everyone is rested and eager to go to school.

Down the block at the King household, at 8:00 PM Mrs. King is doing laundry in the basement and Mr. King is talking on the phone. Eight-year-old Susie is snacking in the kitchen, her 5-year-old sister Emma is perched in front of the television and 3-year-old Michael is playing a video game in the den.

When Mrs. King calls up from the basement that it's time to go to bed, nobody responds or moves a muscle. Finally, at 9:00, after countless threats from mom and dad, the kids finally go upstairs. At 10:00, Susie is still up, and Emma and Michael are fast asleep without having brushed their teeth. The next morning, everybody sleeps late, and the kids miss the school bus.

Routines are events that are completed on a regular basis. They provide the day with a framework that orders a young child's world. Although predictability

can be tedious for adults, children thrive on sameness and repetition. They like to know what to expect and what is coming next. "Knowing what to expect from relationships and activities helps children become more confident," says Dr. Peter Gorski, assistant professor of pediatrics at Harvard Medical School.

Young children need routines in order to learn how to manage their time and attention. Routines foster a safe and predictable environment. When a child understands what is happening and why, he/she feels safe, and feeling safe is crucial if learning and development are to take place.

Disorganization and unpredictability in children's lives makes them feel anxious and insecure. This is often reflected in children's behavior in the form of tantrums and acts of aggression. Knowing what is going to happen next and who is going to be around when it happens frees a child from worry and allows him/her to think and feel more boldly and freely. "When a child does not know what to expect, and his life feels disorganized and out of control," says Dr. Gorski, "his internal alarms go off. And his behavior becomes erratic and disruptive."

Many studies have shown that routines for children are extremely beneficial. They can positively influence children's emotional, cognitive, and social development. One study showed that children with regular bedtime routines (see sidebar) tend to get to sleep sooner and wake up less often during the night. Another study found that regular routines at home help babies get over colds more quickly. Routines have also been linked to better health in preschool

Preparing for School

- Phase into a routine now. Whether it is bedtime, meals, or morning preparations, starting a routine at the end of the summer eases the transition back to school in the fall.
- Talk to your child about school. Tell your child what school will be like: having a cubby, circle time, arts and crafts, outside time, etc. Read a book together about going to school. Ask your child what he thinks will happen there. Tell your child about your positive school experiences.
- Make a play date with a potential classmate before school starts. In this way your child will find at least one familiar face in the classroom.
- Come to parent orientation. Becoming familiar with the classroom setting can alleviate some of your child's anxiety about starting or returning to school.
- Bring a transitional object to school. Bringing a favorite toy to school helps your child feel secure in a new environment. Children can leave the object in their cubby and look at it or touch it when they miss their parent.
- Bring a family picture. Some children feel more secure when they can look or hold onto a picture of their family when their parents are not around.
- Reassure your child that you are coming back at the end of the day. To prepare him, you can play a slightly more sophisticated game of peek-a-boo by rolling a ball under the couch and asking the child if it's still there. Then say, "Let's take a look." When your child finds the ball, you can say, "See, even though we couldn't see the ball it's still there, just like Mommy when you go to school." What you're doing is reinforcing "object permanence," a concept that comes earlier (by the end of the first year) but can be threatened by the emotional challenge that separation presents.

children. Parents benefit from routines as well. Studies have established that having routines cuts down on parenting struggles.

Every family already has daily routines in place that they are probably not even aware of. These include simple activities like getting ready for school in the morning, having family meals, playing certain games with siblings, taking baths, cleaning up and going to bed at night. Family routines, like visiting grandparents on Sunday

afternoons, can turn into family traditions and provide children with happy memories and a feeling of security.

The yearning for regular routines starts in infancy, from the first days of life.

Knowing that he/she will be reliably cared

for by a trusted adult is extremely important to a growing and developing child. According to psychologist Susan Newman, routines can affect the relationship between parent and child in positive ways and set the stage for the child/parent relationship for the rest of a child's life. A child will use this relationship as the basis for how he/she interacts with other people in the future.

Young children, especially, need regular sleep and meal schedules and even routines leading up to those routines, like hearing a story every night before bedtime. Parents should try to establish routines and should try not to rush through them.

Bedtime Routines

Infants, preschoolers and even older children all benefit from having an established bedtime routine. Experts on sleep and young children agree that a bedtime routine plays an important role in promoting good sleeping habits. A consistent and short bedtime routine is recommended. It is important to keep the routine short — less than 30 minutes — or it will lose its meaning.

The bedtime routine needs to be carried out at the same time each evening and should be similar each night. A good bedtime routine acts as a signal to the child that bedtime is approaching and helps to relax the child for bed.

A typical bedtime routine might work as follows:

- 20 minutes before bedtime, the child has a bath or wash, brushes his/her teeth and puts on pajamas.
- The child then goes to the toilet, if necessary.
- The child says “Goodnight” to everyone and gets into bed.
- Mom or Dad may read a short book or story or talk about the day's events with the child and say a prayer with him/her
- The child is tucked in, kissed or hugged, and wished a good night
- The parent leaves the room, and the child settles in to sleep

Morning Routines

Mornings are usually the most hectic of times in most households with many things needing to be done in a very short period of time. Having a morning routine helps children (and parents) make the transition from sleep to the daily activities of life, like school and work.

A typical morning routine might work as follows:

- The previous night, parents should help their children lay out their clothes for the next day, set their backpacks and jackets in an established place near the door, and prepare their lunches for the next day and store them in the refrigerator.
- In the morning, children can be awakened by an alarm clock on their nightstands if they are old enough or by having a parent gently rub their backs. Wake-up routines should take place at least one hour before school is scheduled to begin.
- While a parent fixes breakfast, the child gets his/her teeth brushed, hair combed, school clothes on, gets lunch and packs a backpack.

Back To School: Transitioning From One Routine To Another

September is here and it's time to go back to school! The lazy days of summer are ending and thoughts of a new school year and changes in routine are on the horizon. Whether your child is starting school for the first time or starting a new academic year, September is a good time to set goals, plan a gentle transition and put new routines into place.

In some families, summertime may be a time with no set routines, or at least a time when routines are more relaxed. Meal times and bed times may be a little more flexible. However, with a new school year starting and the school bus just around the corner, a new set of daily routines is important to help a child adjust to school.

Here are some tips for helping children transition from the freedom of summer to the structure of school days:

- *Wake Up:* Start waking children a little earlier a few weeks before school starts
- *Bedtime:* About a month before the first day of school, set a consistent bedtime.

For example:

- week four — bedtime is 9:15
- week three is 9:00
- week two is 8:45
- week before school 8:30
- first week of school, the usual 8:15.
- *Lunchtime:* Parents should try to find out what time lunch is served in their child's school and try to make family lunchtime fairly close in time. If possible, parents should try to mimic school snack times at home as well.
- *Getting Organized:* Designate a family book bag place and clear space and install child-height hooks in the closet.
- *Synchronize Schedules:* Get a copy of the school calendar and transfer it to your family calendar. Keep the calendar in a central area of the house where everyone can see it.

Getting ready for school is easier for children if they transition into it gradually. By implementing a few back-to-school routines, parents can make the transition go smoothly.



- Children should sit down at the table and have a nourishing, unhurried breakfast.
- Calmly leaving the house for the bus stop or getting strapped into the car is important. When the bus arrives, or children are dropped off at school, parents should send the child off with an affectionate send-off gesture like a hug or a “have a nice day.”

Dinnertime Routines

Family dinnertime is one of the most important routines a parent can establish. Mental health experts have found that children who eat dinner with their families are less likely to fall victim to negative peer pressure. A family dinnertime routine reinforces

family values, ethics and behavioral expectations. “Sitting together at the dinner table,” says Dr. Gorki, “gives children the opportunity to share their day’s experience and get support for whatever they’re feeling.”

A typical dinnertime routine might work as follows:

- Children should sit down at the table at a regular, specified time every day.
- If the children are young and need to eat earlier, parents can allow them to eat part of their dinner, like dessert, while their parents and older siblings have a later meal.
- Light conversation or peaceful family discussions can take place, with each child being given an

opportunity to talk.

- Children can begin to participate in dinnertime routines that promote responsibility, like setting out the silverware or clearing the table.

While routines are very important, children also need to learn how to be flexible and how to adapt to changes in their lives. Children thrive with routines that are easy to understand and accomplish, yet flexible enough to change if circumstances warrant. Flexibility and a willingness to adapt to change is a sign of maturity and growth. Parents need to keep in mind that while routines are very important and will help their children manage better in their adult lives, they are not written in stone.

HEALTH MATTERS

by Dr. Garey Ellis

BACK TO SCHOOL SAFETY TIPS

The lazy days of summer are over and a new school year is about to start. For children, the beginning of a new school year is an exciting time. But it can also be a dangerous time unless parents teach their children the basic rules of school safety.

If your child goes to school by bus or by van, make sure to get him/her to the bus stop at least five minutes before the scheduled arrival time. Never allow your child to cross the street to get to the bus by him or herself. Dress your child appropriately — that is, in snugly fitting clothing and no sweatshirts or book-bags with straps that can get caught in the bus rail, bus door or bus window. As the bus approaches, make sure that your child is standing at least three giant steps away from the curb.

Wait for the bus to come to a complete stop before allowing your child to board the bus. The bus driver should signal that it is all right to enter the bus. When your child boards the bus, he or she should hold on to the handrails. Once your child is on the bus, make sure that the bus matron or monitor seats your child properly. He or she should be seated fully in the seat and facing forward before the bus begins to move. Tell your child to practice appropriate bus behavior and to listen to the bus driver.

When the bus arrives at school, make sure that there is proper supervision. Tell your child to wait for the bus to come to a full stop before getting up from his or her seat and to use the handrail when going down

the bus steps. Once off the bus, your child should never be allowed to cross in front of the bus and a trusted adult should guide him out of the Danger Zone and keep him in the driver’s line of vision.

Bus Danger Zones

Parents should teach their child to avoid the Danger Zone at all times. The Danger Zone is the ten-foot area surrounding the bus where it is difficult for the driver to see. Young children should take eight giant steps away from the bus to be sure the bus driver can see them. The most dangerous parts of the Danger Zone are:

Front Danger Zone: the area immediately in front of the bus. It is never safe for children to walk close to the front of the bus. Children should walk five giant steps ahead of the bus before crossing in front of it.

Side Danger Zone: the area around the sides of the bus. Children should always stay three giant steps away from the sides of the bus.

Rear Danger Zone: the area behind the school bus, near the rear wheels. Children should never walk behind the school bus. If you drive your child to school by car, make sure your child is buckled in safely in a booster seat or child safety seat. Once you reach your child’s school, don’t take off the minute he/she steps out of the car. Make sure a supervising adult is there to see that he/she gets inside the building or schoolyard safely. If you walk your child to school, make sure to teach him/her to mind all traffic signals and lights, to never cross against the light or in the middle of a street, and to be aware of oncoming traffic at all times.

Following the safety rules will help avoid accidents and keep your child safe on the way to and from school. Have a safe and happy school year!

Dr. Garey Ellis is Yeled V’Yalda’s Director of Health Services and Family and Community Partnerships.



YELED V'YALDA
Health Fair

Healthy Kids — Healthy Families

Date: Wednesday
 September 19, 2007

Time: 10:00 am—2:00 pm

Location: Yeled v'Yalda Family Services
 Center
 3820 14th Avenue
 (corner of 14th Avenue
 and 39th Street)

*Fun & Fitness Workshops!
 Cooking Demonstrations!
 Raffles! · Free Prizes!
 Fun for the Whole Family!*

ALL ARE WELCOME!



SEPTEMBER 2007

ONGOING ACTIVITIES

Swimming
 Boro Park YM/YWHA
 Every other Tuesday

Aerobics
 Boro Park YM/YWHA
 Thursdays

99 Heyward Street
 Weekly

Parenting Workshops
 99 Heyward Street
 1257 38 Street
 6012 Farragut Road
 Dates to be announced

EXPECTANT MOMS' PROGRAM
Parenting and Childbirth Education
Parenting Skills for Postpartum Moms
 4001 16 Avenue
 99 Heyward Street
 Every other week

Men's Exercise
 4001 16 Avenue
 Every other week
 99 Heyward Street
 Every week

Parents will be informed of start dates for all ongoing activities

SPECIAL ACTIVITIES

Head Start and Early Head Start Orientation
 By site

Just Say Yes van
 3820 14th Avenue
 Wednesday, September 19

STATEN ISLAND

Home Visits
 Tuesday September 4

Orientation
 Wednesday September 5

Back to School
 Thursday September 6

Parent Training/Elections SLII
 Wednesday September 26

PROFESSIONAL DEVELOPMENT

In-house YVY ABA Training
 September 10, 11

Feeding Therapy
 Date to be announced



571 McDonald Avenue
 Brooklyn, NY 11218
 Phone: 718.686.3700
 Fax: 718.871.2100
 www.yeled.org

PRIMARY FUNDING BY:
 U.S. Department of Health & Human Services
 U.S. Department of Agriculture
 New York State Department of Social Services
 Board of Education of New York State
 NYC Department of Mental Health,
 Mental Retardation and Alcoholism Services
 New York City Administration for
 Children Services/Agency for Child Development

APPROVED BY:
 New York State Department of Education

LICENSED BY:
 The New York City Department of Health

NON PROFIT ORG.
 U.S. POSTAGE PAID
 BROOKLYN, NY
 PERMIT No. 45