



Parent Engagement Communicator

Dear Parents,

As we begin to clean our homes for Pesach/ Spring cleaning, there's a certain 'clean feeling' you may feel in the air. At the same time, there's a certain stress and tenseness you may be feeling. Keep in mind that dust is not *Chometz*. You can Spring clean year round. If you are tight on time, stay focused on the purpose of cleaning at this time of year. Involve your children; they can help out in various ways. Remember: Everyone has stress in their lives. The key is to control the stress; not let the stress control you.

I would like to share with you a phone number which you may find helpful. The "Homemaker Hotline" has prerecorded tips and ideas which has become routine for many busy mothers as they start their day. This hotline provides a step-by-step guide with ideas in creating a manageable, organized, and stress-free lifestyle. The number is 347-772-1188, (*option 7, then 3 for tips and ideas*).

With Pesach approaching, making ends meet can be challenging. Attached please find information on how to claim your **Earned Income Tax Credit**. Don't wait for the last minute to file taxes. You can also call your local community council for more information on where and how to obtain food packages for Pesach.

Effective parent-child relationships develop as a result of spending quality time with young children. Yom Tov offers you the perfect opportunity to connect with your family and spend lots of quality time together.

When you need a break from housework, Yeled V'Yalda has provided you with an important and enjoyable **teleconference on Childhood Fears**, presented by **Esther Brodt, LCSW**. To hear this 20 minute parenting workshop, please call anytime 24/7, **267-507-0255**, access code **65767204**. After you have listened to the teleconference, please call **718-686-2400** to be entered into a **raffle** for a \$25 gift certificate to Funthinks. Raffle will be held **Wednesday, April 24, 2013**.

We look forward to your participation in all our Parent Engagement opportunities.

Sincerely yours,

Libby Chein

Libby Chein
Parent, Family Community, Engagement Coordinator