



May 2014

# Parent Engagement Communicator

Dear Parents,

Spring is a time of growth and rejuvenation. We see the children at Yeled V'Yalda Head Start growing as they enjoy the many seasonal activities that provide hands-on experiences and stimulate their overall development.

As the weather warms up you will have more opportunities for outdoor play time with your child. Playing with your child promotes wholesome child development. It allows children to explore their environment, develop muscle strength and coordination, and increases self-confidence. Opportunities for social interactions increase as children play together cooperatively and successfully. **May 11 is Mother's Day.** Spend the day engaging with your children as you play outdoors with them.

May is **National Mental Health Awareness Month**. Positive mental health is essential to a child's healthy development from birth. All of our YVY Head Start sites have a Mental Health Consultant who is available to speak with you and work with you should you have any concerns about your child's mental health or for yourself. Please contact the family worker at your site if you would like to schedule an appointment to speak with the Mental Health Consultant.

Now is the time to prepare for the summer. Please join us for a parenting workshop with **Devorah Weinreb** on **Monday, May 12, 2014** from **11:30 AM – 12:30 PM** at **1257 38<sup>th</sup> St., 4<sup>th</sup> floor** and learn how to **'Prepare Yourself and your Family for the Summer'**. Some children are more easy-going than others. At the workshop, you will also hear some very helpful information on **Transforming the Difficult Child (Based on the 'Nurtured Heart Approach')**. *This will be your last chance to collect more raffle tickets for the grand auction. Details to follow.*

We are excited to bring to you **The Unique Hue workshop**, a hands-on workshop by **Baila Gitty Vorhand** on **Wednesday, May 21, 2014** from **11 AM – 12:30 PM** at **1257 38 St., 4<sup>th</sup> floor**. You will get personal advice from the expert and learn to wear the right color clothing and accessories for your complexion. You'll be glad "hue" came.

We look forward to your participation in all our Parent Engagement opportunities.

Sincerely yours,

*Libby Chein*

Libby Chein  
Parent, Family, Community Engagement Coordinator