



November 2015

Parent Engagement Communicator

Dear Parents,

We hope this newsletter finds you and your family in good health. The school year is in full swing and the staff at Yeled V'Yalda is constantly planning exciting educational programs for both parents and children.

All children had a developmental, hearing and vision screening which can help detect, early on, if there is an issue hindering your child's learning and growth. Your family worker will contact you regarding results. If your child requires follow up, it is of utmost importance that you take care of it as soon as possible, and send a note to your family worker about the results.

Parents are essential partners in the education of their child's development of reading, writing and language skills. A great way to help your child grow and develop is by learning great child rearing ideas. Learning never ends as there are always new methods to try and see what works best for your child. This is an ongoing process. Please call our **tele-conference hotline** at **805-399-1099** for our **Parenting with Purpose and a Plan** presented by the well-known author **Sara Chana Radcliffe, M.ED.** This is a 6 week series tele-conference. Please see attached flier for more details.

November 1 marks **National Family Literacy Day** and ushers in **National Literacy Month**. We have, therefore, devoted this month to teach appropriate ways to encourage good literacy practice at home. Spend time with your child at the library. Read books with your child every day which are age appropriate for your child. Enjoy the handouts on ***10 Reasons Why You Should Read to Your Kids***, and ***Reading with your Child*** which talks about the importance of exposing your children to literacy from an early age.

Please join us for a 2 part workshop by **Shavy Grossberg**, as you learn "**Public Speaking Techniques**". **Part 1** will take place on **Wednesday, November 25, 2015**. **Part 2** will take place **December 2, 2015**. Both workshops are from **11 AM – 12:15 PM** and will take place at **1257 38th St., 4th floor**.



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Please take note of the following information:

- **Flu Season is Here-** Attached is information on the importance of getting the flu vaccine. Head Start requires ALL children to be vaccinated against the flu by **December 31, 2015**. Please schedule an appointment with your health practitioner today!
- The **Ezra Dental Mobile Van** is visiting all of our sites to complete an initial **dental assessment** for each child. You will be informed of the results.
- **Parent Teacher Conferences** which will address **School Readiness goals** will take place during November/ December. (Details to follow). This will give you an opportunity to discuss your child's progress and goals with your child's teacher.
- Head Start parents are welcome to use the **Yeled V'Yalda Fitness Center** once a week, **FREE of charge**. Take advantage of this opportunity to improve your health. Head Start parents can also join us for **Water Yoga** at the **Fitness Center, FREE of charge**, every **Thursday** at **10:45-11:30** beginning **November 4, 2015** until **February 30, 2016** with instructor Shavy Grossberg. An opportunity you don't want to miss!
- **WIC** participants can redeem **Farmer's Market** checks until **November 30, 2015**. (Dates may vary by location).
- **Parent Child Activities Calendar-** The time you spend with your child is essential. One way this can be achieved is by doing activities together with your child. The attached calendar will give you an idea of a great activity you can do with your child each day.

We look forward to your participation in all our Parent Engagement opportunities.

Sincerely yours,

Libby Chein

Libby Chein, M.S.Ed.

Parent, Family and Community Engagement (PFCE) Coordinator