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## Membership Policies

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**YVY Fitness Center** designed the Membership Policies and the club rules to insure a safer and more enjoyable environment in which to exercise. So, please be thoughtful and observe the Policies and Rules as you, and all members, have agreed to follow. YVY Fitness may, in its sole discretion, modify the Policies without notice at any time. It's your responsibility to know and follow the most current Policies and Rules. If there is any conflict between policies, the most current policies apply. All approved signs posted in YVY Fitness Center or on the premises of Yeled V'Yalda shall be considered a part of the YVY Fitness Center Membership Policies. If you have any doubts regarding Policies, please ask at the front desk and we will be happy to explain. Ignorance is not an acceptable excuse for violating a policy.

Member agrees to abide by all the Membership Policies and schedules of the Fitness Center, which may be posted and/or which may be issued orally, and which may be amended from time to time, at Management's sole discretion. Violation of any Fitness Center rule may result in suspension or cancellation of Membership Contract, without refund.

**In order to service the public properly, it is absolutely essential that the premises be vacated promptly by the end of the session, in order to allow the staff adequate time to prepare the facility for the incoming group.**

With this goal in mind:

- **No one will be admitted to YVY Fitness Center fifteen minutes prior to the conclusion of each session.**
- **The Pool, Sauna and Steam Room will close thirty minutes prior to the conclusion of each session.**
- **Showers privileges will end fifteen minutes prior to the conclusion of each session.**
- **Fitness Room will close five minutes prior to the conclusion of each shift.**

**CHECK IN:** Members must check in at the front desk and present your membership key-tag before you use the Facilities. No one will be admitted to YVY Fitness without displaying a valid key-tag or registering as a guest.

**MEMBERSHIP KEY-TAGS:** YVY Fitness issues a key-tag to memberships for identification purposes. Missing key-tags must be reported immediately. Allowing anyone else to use one's key-tag will result in forfeiture of one's membership without a refund. Members who have lost their key-tag must get a replacement before continuing to use the facility. There is a charge for lost key-tags.

**AVAILABILITY OF FACILITIES:** YVY Fitness Center reserves the right to charge a separate participation or reservation fee or to change, limit or discontinue the availability of any facilities, equipment or services, including but not limited to fitness equipment, sauna, steam room, pool or classes at any time. YVY Fitness Center will be closed for Jewish Holidays and observances, and subject to closure or reduced hours during intermediate days. Hours of Operation will be reviewed regularly, and may be changed.

**MINORS:** *Minors under 17 years old may not enter the fitness facility (unless they are participating in a special Fitness Center program with prior approval).* Minors that are 17 years old may use the facilities if he/she is a member or a guest, and their parent or guardian signed the Membership Agreement. YVY Fitness Center reserves the right, in its discretion, to require a parent or guardian accompany a minor.

**BABY CARRIAGES & STROLLERS:** For safety reasons, carriages & strollers may not be brought into the Fitness Center.



**CONDUCT:** While in the facilities, YVY Fitness Center does not permit and will not tolerate any inappropriate conduct. Such conduct includes, without limitation, using loud, abusive, offensive, insulting, demeaning language, profanity, lewd conduct or any conduct that harasses or is bothersome to members or YVY Fitness Center employees. Behavior deemed inappropriate will be just cause for termination of membership privileges without refund. Unauthorized use of facilities may result in membership suspension or cancellation. YVY Fitness Center may suspend or cancel the privileges of any member or guest whose actions are detrimental to the enjoyment or safety of staff or other members, or for failure to comply with YVY Fitness Center policy.

**POOL, SAUNA & STEAM ROOM:** YVY Fitness Center requires you to shower before using the pool, sauna or steam room. The use of the pool, sauna or steam room is at your own risk. While using the pool, you cannot jump, dive or engage in horseplay. Lap swimmers and members participating in instruction have priority over recreational swimmers. Objects such as tubes, rafts, water wings, floating toys, underwater masks, flippers and snorkels are prohibited.

**WEIGHTS & OTHER EQUIPMENT:** Please be considerate of other members. Do not linger on the equipment or weights when other members are waiting. If there is a sign posted regarding the use of equipment, please follow accordingly. As a courtesy, please replace the weights on the rack and wipe off any benches or equipment after use. Benches & equipment may not be moved from their location. If there is a conflict over use, please allow YVY Fitness Center to resolve it.

**NO SOLICITATION:** YVY Fitness Center facilities are provided for the private use of members only and are not open to the public. Any solicitation within YVY Fitness Center is absolutely forbidden unless written permission is obtained from the Director of YVY Fitness Center. This includes, but is not limited to solicitation for profit, political or any other purpose by means of petitions, leaflets, notices or advertising anywhere on Yeled V'Yalda's premises. Anyone who has knowledge of said solicitation by YVY Fitness Center staff, members or non-members (with the exception of YVY Fitness Center programs) should please report it anonymously to the Director of YVY Fitness Center at 718.686.3536.

**PERSONAL TRAINING/SWIM INSTRUCTION:** *Training, Instruction & Classes purchases are nonrefundable.* Only official YVY Fitness Center Trainers are authorized to engage in personal training and/or swimming instruction on the YVY Fitness Center premises. Members may not train other members. If it is determined that personal training has been conducted on the premises, the trainer and trainee will each be subject to suspension or loss of their membership privileges without refund. All personal training between YVY Fitness Center Staff and YVY Fitness Center Members on or off Premises must be arranged by YVY Fitness Center.

**LOCKERS, VALUABLES, PETS AND PERSONAL PROPERTY:** YVY Fitness Center provides lockers with locks for your use on a session-by-session basis only. Property that is left in lockers will be considered abandoned and may be donated to charity or discarded. Members are urged to avoid bringing valuables onto club premises. Pets are not permitted inside the facility, except approved service animals (not allowed in pool). YVY Fitness Center shall not be liable for the loss, theft or damage to the personal property of member or guests. All personal effects should be kept in a locker. No coats, bags, keys or etc. are allowed in fitness or pool areas.

**LOST AND FOUND:** A Member who finds a lost item should please turn them in at the Front Desk. Items not claimed will be disposed of at YVY Fitness Center's discretion. Only staff is permitted to handle lost and found items.

**FOOD & GLASS BOTTLES:** Glass bottles or outside food are absolutely prohibited on the YVY Fitness Center premises.



**NO ALCOHOL, DRUGS, OR SMOKING:** Smoking, alcohol, or illegal drugs, are absolutely prohibited on the YVY Fitness Center premises.

**NO WEAPONS:** Weapons of any kind are absolutely prohibited on the YVY Fitness Center premises.

**NO PHOTOGRAPHY OR VIDEO TAPING:** Photography, video taping, or audio recording are prohibited on YVY Fitness Center premises without written permission of the Director of YVY Fitness Center. Anyone in violation of this policy will be subject to seizure and destruction of such images, and other sanctions.

**OUTSIDE EQUIPMENT:** YVY Fitness Center reserves the right, in its sole discretion, to limit or restrict the use of outside equipment in the club.

**PERSONAL SPEAKERS:** No personal speakers are allowed in the YVY Fitness Center. Those listening to personal audio material may use headphones only.

**DRESS CODE, BATHING CAP & TOWEL POLICY:** YVY Fitness Center requires you to wear appropriate clothing and footwear while in the facilities. Here are some general guidelines: **Pool Area:** Swimming suits are required. Bathing caps are required for hair that is chin length or longer. **Fitness Area:** Gym shorts, T-shirts, jogging, aerobic and sweat outfits are acceptable for exercising but bathing suits and undershirts are not. Sneakers are required for use on treadmills. Exceptions due to medical reasons must be in writing and approved by the Director.

**SERVICE/REPAIR MEN:** YVY Fitness Center will make every effort to schedule service or repairs during men's hours. In the event that repairmen or service providers need access to the facility during women's hours, an announcement will be made and/or signs posted.

**INDEPENDENT CONTRACTORS:** From time to time we may make available to Members and their guests the services of independent contractors. YVY Fitness Center does not warrant or guarantee the quality of these services and does not guarantee that these services will remain available to Members or their guests for any period of time, and hereby disclaims all liability arising out of such services.

**PRO SHOP PURCHASE:** YVY Fitness Center makes every effort to make quality products available to its members. However, YVY Fitness Center can not warranty or guarantee the quality of the products and hereby disclaims all liability arising out of such products. Please refer to manufacturers warranty or guarantee. Pro shop merchandise that has not been opened, washed or worn may be exchanged within seven days of date of purchase. There are no refunds. Gift Cards are non-refundable, and cannot be redeemed for cash.

**GUEST PRIVILEGES:** All guests must check in at the front desk, sign a Guest Agreement Form and pay a guest fee before using the facilities. A minor may visit with a parent or legal guardian who is a member, subject to the "Minor Policy" above. YVY Fitness Center reserves the right to limit the number of times any one guest can use the Fitness Center and reserves the right to exclude any guest whose use of the facility would be detrimental to the YVY Fitness Center or any of its members. YVY may also limit guests at a particular time due to crowding concerns.

**DENIED ACCESS DUE TO POOR HEALTH:** YVY Fitness Center reserves the right at its sole discretion, to deny entry to any of its facilities, including but not limited to the pool, for any member or guest who may appear to have a medical condition deemed by YVY Fitness Center Staff to be detrimental to the safety, health or wellbeing to the his/herself or any other Member or Guest. In such a situation, that Member or Guest may be entitled to a prorated refund of a charge or fee.